MAGDEBURG ULTIMATE

COMPETITION 2018

FITNESS THROWDOWN

Scaled Female

Platz	Athlet	Box	Time WOD 1A	Weight WOD 1B	Time WOD 2	Reps WOD 2	Time WOD 3	Reps WOD3	Splittime WOD 3	Platz WOD 1A	Platz WOD 1B	Platz WOD 2	Platz WOD 3	Punkte
1	Berner, Sophia	CrossFit St. Pauli	07:46	67,5	10:21	224	06:48	90	04:11	8	2	3	1	14
2	Wollweber, Christina	CrossFit Bad Marienberg	06:36	55	10:29	224	10:00	72	06:08	2	5	4	6	17
3	Braune, Liza	CrossFit Magdeburg	05:54	45	09:48	224	10:00	84	06:26	1	11	2	4	18
4	Wartner, Josefin	CrossFit Magdeburg	06:43	60	11:27	224	10:00	68	07:36	3	4	5	9	21
5	Hahn, Sophia	Amboss CrossFit	07:57	85	09:46	224	10:00	66	06:26	9	1	1	10	21
6	Benecke, Kim	CrossFit Sankt Pauli	07:27	52,5	11:57	224	08:46	90	05:23	6	8	6	3	23
7	Beuermann, Luisa	CrossFit Celle	08:17	65	12:08	224	07:39	90	04:40	12	3	7	2	24
8	Mohs, Kristina	UrWerk	06:58	52,5	13:37	224	10:00	71	06:56	4	8	9	7	28
9	Roeloffs, Anne	CrossFit Magdeburg	07:39	55	12:26	224	10:00	68	06:41	7	5	8	8	28
10	Tönsing, Charlotte		08:07	55	14:02	224	10:00	83	05:53	10	5	10	5	30
11	Gawrosch, Stefanie	CrossFit Magdeburg	07:25	52,5	15:03	224	10:00	66	09:31	5	8	11	12	36
12	Müller, Jana	Kraftkombinat	08:15	45	15:20	224	10:00	66	06:30	11	11	12	11	45

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COMPETITION 2018

FITNESS THROWDOWN

Scaled Male

Platz	Athlet	Box	Time WOD 1A	Weight WOD 1B	Time WOD 2	Reps WOD 2	Time WOD 3	Reps WOD3	Splittime WOD 3	Platz WOD 1A	Platz WOD 1B	Platz WOD 2	Platz WOD 3	Punkte
1	Lasrich, Niklas	Amboss CrossFit	05:55	97,5	11:14	224	05:08	90	02:54	3	6	4	2	15
2	Behnke, Ivo		06:16	105	10:28	224	04:17	90	02:23	11	3	1	1	16
3	Mensching, Tobias	CrossFit Differ	05:56	85	11:06	224	05:42	90	03:15	4	12	2	5	23
4	Hansen, Nico	CrossFit Sankt Pauli	06:06	97,5	14:45	224	05:17	90	03:00	7	6	16	3	32
5	Gebhardt, Felix	CrossFit Magdeburg	05:51	80	11:57	224	06:11	90	03:53	2	17	8	7	34
6	Kosmala, Tobias	CrossFit Bad Marienberg	06:35	105	11:55	224	07:01	90	04:20	16	3	7	10	36
7	Dorowski, Mike	CrossFit Magdeburg	06:30	85	11:19	224	06:10	90	03:58	14	12	5	6	37
8	Szameitat, Tom	CrossFit Magdeburg	06:49	85	11:08	224	05:26	90	03:46	19	12	3	4	38
9	Mühlinghaus, Marcel	CrossFit Bad Marienberg	07:27	107,5	11:36	224	06:21	90	03:45	22	2	6	8	38
10	Lofink, Alexander	CrossFit Lüneburg	06:12	110	14:54	224	08:42	90	05:44	8	1	17	12	38
11	Cziesla, Kai	Amboss CrossFit	06:31	95	12:33	224	06:28	90	04:02	15	8	10	9	42
12	Lentze, Gino	CrossFit 108	06:01	80	12:29	224	07:48	90	05:03	5	17	9	11	42
13	Kwast, Stefan		06:13	90	14:32	224	10:00	0	10:00	10	10	15	13	48
14	Fahrenkampf, Frank	UrWerk	06:38	90	13:03	224	10:00	0	10:00	17	10	11	13	51
14	Mißler, Mathias	Evope	06:12	85	16:00	203	10:00	0	10:00	8	12	18	13	51
16	Weise, Kay	Kraftkombinat	06:56	100	13:59	224	10:00	0	10:00	20	5	14	13	52
17	Röhnke, Eric	CrossFit Sturmflut	06:41	92,5	13:50	224	10:00	0	10:00	18	9	13	13	53
18	Boller, Michél	CrossFit Deluxe	06:23	80	13:44	224	10:00	0	10:00	12	17	12	13	54
19	Kluge, Felix		05:47	70	16:00	169	10:00	0	10:00	1	21	20	13	55
20	Köhn, Fabian	CrossFit Celle	06:04	80	16:00	143	10:00	0	10:00	6	17	21	13	57
21	Hißnauer, Marcus	Kraftkombinat	07:13	85	16:00	175	10:00	0	10:00	21	12	19	13	65
22	Holz, Kevin	CrossFit Hangover	06:26	70	16:00	115	10:00	0	10:00	13	21	22	13	69
23	Eggert, Steffen	CrossFit Magdeburg	09:00	0	16:00	0	10:00	0	10:00	23	23	23	13	82

MAGDEBURG ULTIMATE

COMPETITION 2018

FITNESS THROWDOWN

RX Female

Platz	Athlet	Box	Time WOD 1A	Weight WOD 1B	Time WOD 2	Reps WOD 2	Time WOD 3	Reps WOD3	Splittime WOD 3	Platz WOD 1A	Platz WOD 1B	Platz WOD 2	Platz WOD 3	Punkte
1	Haberstroh, Maren	CrossFit Rodgau	07:01	65	13:23	224	10:00	92	04:22	4	1	2	2	9
2	Poppe, Jana	CrossFit Sankt Pauli	07:06	62,5	15:32	224	09:31	108	05:20	5	2	3	1	11
3	Thiel, Bianca	CrossFit Nordlicht	06:40	57,5	12:25	224	10:00	89	05:52	2	5	1	3	11
4	Weßer, Stephanie	Amboss CrossFit	07:10	60	16:00	194	10:00	89	06:28	7	3	5	4	19
5	Pautsch, Pauline	CrossFit Sankt Pauli	06:30	55	16:00	194	10:00	80	06:54	1	7	5	6	19
6	Woscczyk, Marleen	CrossFit Altona	06:42	57,5	16:00	142	10:00	85	06:26	3	5	8	5	21
7	Meyer, Laura	CrossFit Celle	07:06	50	16:00	90	10:00	77	10:00	5	9	9	9	32
8	Nestler, Nadine	CrossFit Deluxe	07:55	60	16:00	20	10:00	71	10:00	10	3	11	10	34
9	Tiedmers, Inga	CrossFit Werk	08:00	0	16:00	195	10:00	78	06:46	12	12	4	7	35
10	Jacob, Liz		07:55	55	16:00	192	10:00	48	10:00	10	7	7	11	35
11	Hoppe, Annika	CrossFit Sankt Pauli	07:13	45	16:00	85	10:00	78	08:35	8	10	10	8	36
12	Caspari, Christina	CrossFit Differ	07:16	42,5	16:00	20	10:00	0	10:00	9	11	11	12	43

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COMPETITION 2018

FITNESS THROWDOWN

RX Male

Platz	Athlet	Box	Time WOD 1A	Weight WOD 1B	Time WOD 2	Reps WOD 2	Time WOD 3	Reps WOD3	Splittime WOD 3	Platz WOD 1A	Platz WOD 1B	Platz WOD 2	Platz WOD 3	Punkte
1	Fiebig, Moritz	CrossFit Sankt Pauli	05:36	112,5	07:44	224	06:32	108	03:37	5	1	1	1	8
2	Schulz, Manuel	CrossFit Sankt Pauli	05:28	85	10:44	224	10:00	106	05:38	2	7	2	5	16
3	Gielow, Lars	CrossFit Altona	06:22	105	10:53	224	08:25	108	04:44	10	2	4	3	19
4	Röhnke, Maik	CrossFit Hammerbrook	05:28	80	13:56	224	09:51	108	04:54	2	8	6	4	20
5	Kasperl, Johannes	CrossFit Deluxe	06:27	100	14:41	224	07:51	108	04:05	11	3	8	2	24
6	Scholz, Dennis	CrossFit Potsdam	06:39	100	11:59	224	10:00	90	06:14	13	3	5	8	29
7	Oeltze, Yul	CrossFit Magdeburg	05:25	90	16:00	200	10:00	82	06:42	1	6	12	11	30
8	Richter, Fabian	CrossFit Celle	05:51	100	16:00	202	10:00	0	10:00	8	3	10	13	34
9	Benecke, Martin	CrossFit Lüneburg	05:48	70	16:00	219	10:00	84	08:27	7	9	9	10	35
10	Fiedler, Ronny		06:21	0	14:38	224	10:00	92	06:26	9	14	7	7	37
11	Hoffmann, Dennis	CrossFit 108	06:36	70	16:00	201	10:00	95	06:24	12	9	11	6	38
12	Kleinig, Tobias	CrossFit Neuss	06:47	70	10:48	224	10:00	78	08:40	14	9	3	12	38
13	Weinkopf, Björn	CrossFit FirstClass	05:31	60	16:00	134	10:00	90	07:24	4	13	13	9	39
14	Nerke, Yannic	CrossFit Nordlicht	05:36	0	16:00	0	10:00	0	10:00	5	14	15	13	47
15	Heckmann, Noah		06:54	70	16:00	122	10:00	0	10:00	15	9	14	13	51